



# KNOW BEFORE YOU GO FUNCTIONAL CAPACITY EVALUATION (FCE)

The purpose of a Functional Capacity Evaluation (FCE) is to see if you will be able to complete your job tasks safely after an injury. FCEs are commonly done as a full body test but can be changed for your needs.

## WHAT TO EXPECT

### Your Evaluation:

- Arrive 15-20 minutes early to your appointment for any paperwork
- Wear:
  - Comfortable, loose fitting clothing
  - Appropriate footwear
  - No jewelry
- Bring:
  - A list of all medications you are taking
  - Any medical reports or tests about your injury
  - A photo ID
  - Water and a snack if you need it
- You will be looked at by a qualified evaluator on your physical abilities, ability to do work-related duties and more
  - Your qualified evaluator will be looking at your vitals during your appointment for your safety
- Please follow your doctor's advice about medications

### After Your FCE:

- Use your go-to methods for soreness
- Reach out to your therapist with any questions or concerns

## THE BASICS:

- Tell your evaluator about your:
  - Symptoms
  - How your injury happened
  - Test results
  - Job duties
  - Other doctor or therapist visits
  - What gives you relief for your symptoms
- Visits are about 4 hours
- This is a one-time test



## QUESTIONS OR CONCERNS?

Call 866.389.0211 to speak to a  
One Call Representative.



This content is not intended to be a substitute for professional medical advice. Always seek the advice of your physician or other qualified health provider with any questions you may have.

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