

GETTING YOUR TEAM BACK TO WORK, SAFELY

LET'S GET BACK TO BUSINESS. FOLLOW THESE ESSENTIAL STEPS TO HELP KEEP EVERYONE SAFE AND WELL.



Be Safe

- Remain six feet apart from others.
- Set up an ergonomic workspace.
- Wear a face mask when around others.



Clean Frequently

- Clean and disinfect common areas and equipment.
- Wash your face mask often and dry it in high heat.
- Wash your hands often and for at least 20 seconds.



Stay Well

- Develop and maintain a healthy diet.
- Make time for personal interests.
- Regularly stretch and exercise if you're able.