

Know Before You Go



The Basics:

- Tell your evaluator about your:
 - Symptoms
 - How your injury happened
 - Test results
 - Job duties
 - Other doctor or therapist visits
 - What gives you relief for your symptoms
- Visits are about 4 hours
- This is a one-time test

The purpose of a Functional Capacity Evaluation (FCE) is to see if you will be able to complete your job tasks safely after an injury. FCEs are commonly done as a full body test but can be changed for your needs.

What to Expect

Your Evaluation:

- Arrive 15-20 minutes early to your appointment for any paperwork
- Wear:
 - Comfortable, loose fitting clothing
 - Appropriate footwear
 - No jewelry
- Bring:
 - A list of all medications you are taking
 - Any medical reports or tests about your injury
 - A photo ID
 - Water and a snack if you need it
- You will be looked at by a qualified evaluator on your physical abilities, ability to do work-related duties and more
 - Your qualified evaluator will be looking at your vitals during your appointment for your safety
- Please follow your doctor's advice about medications

After Your FCE:

- Use your go-to methods for soreness
- Reach out to your therapist with any questions or concerns

Questions or concerns?

Call 866.389.0211 to speak to a One Call Representative.