

Know Before You Go



The Basics:

- Magnetic resonance imaging (MRI) is a safe and painless test that uses a magnetic field and radio waves to produce detailed pictures of the body's organs and structures
- Unlike other tests, such as X-Rays, MRIs do not use radiation
- Scans can take anywhere from 30 minutes to one hour depending on the body part
- When an MRI with Contrast is prescribed, dye is injected to help capture a more accurate view of the area

Questions or concerns?

Call 800.872.2875
to speak to a One Call
Representative.

MRIs help your doctor make an accurate diagnosis so that you can receive appropriate medical care. It's normal to be anxious before your test. We would like to help you understand the test and the process of scheduling it. One Call's aim is to put your mind at ease.

What to Expect:

Your Appointment

- Arrive 15-20 minutes early for any paperwork
- Wear:
 - Comfortable, loose fitting clothing without metal zippers, hooks, underwire or buttons
 - No jewelry
- You will be given instructions and asked to lie on the MRI table while the machine scans
- The machine may look like a tube or a tunnel to you
- It is important to lie still while the machine is working to ensure the clearest results
- Know that you may hear loud tapping and thumping noises but they are completely normal
- A technician will be able to talk to you via intercom even when you are in the machine

Follow Up Appointments:

- You may be asked to take a CD of your MRI results to your next doctor's appointment
- Your doctor will receive the results of the test and talk to you about next steps
- Just because you are having this test does not mean that you will need surgery